

INVESTIGATIONS



LADIES IN WAITING
Innovations aplenty greet patients at the latest ultra-sleek clinics

TWEAK IN, TWEAK OUT

Chauffeurs on hand, dedicated Instagram rooms, crystal readings in candlelit studios, even a Studio 54-style decor... The sleekest, new super-clinics are all about prescribing the ultimate in uplifting experiences

By FRANCESCA OGIERMANN-WHITE

OURONYX

With its soaring ceilings and swathes of Italian stone, Ouronyx feels more like a boutique hotel than a clinic. And that's the idea. Founders Marc Princen and Ida Banek wanted to modernise the patient experience, which means there's no discernible waiting area – rather, mid-century armchairs and marble coffee tables are artfully arranged in clusters – and no reception desk either. (An iPad-bearing concierge is the chic alternative.) Descend to the lower-ground floor, past such digital artworks as a moveable cloud of golden butterflies by Dominic Harris, and you'll find the clean-lined treatment rooms – and some of the most renowned movers and

shakers in the aesthetics industry. Among them are Dr Marco Nicoloso, Dr Sabika Karim and Dr Nestor Demosthenous, who are all bookable by appointment. The focus is on high-quality injectables, artistically done and with outstandingly natural-looking results. But if you are concerned you'll be caught out, take your seat at a brightly lit mirror where the resident make-up artist will administer the most flawless of touch-ups. *At 20 St James's Street, SW1 (ouronyx.com).*

THE CLINIC AT HOLLAND PARK

For months, Holland Park residents have been pondering the glass-fronted development on the

Avenue. But goodness, it's been worth the wait. Established by the oculoplastic surgeon Richard Scawn and his wife Debbie Woskow – a co-founder of the AllBright members' club – this is a hothouse of talent, where surgical interventions, advanced injectables and wellness therapies are all available under one roof; not to mention a brilliantly curated boutique offering a range of products for anything from self-care to post-procedure. Inside, the vibe is distinctly AllBright, with panelled walls, velvet sofas and cosy treatment rooms where first-in-class practitioners can be found, such as injectables pro Dr Benji Dhillon, bio-identical hormone expert Dr Sohère Roked and dermatologist >

INVESTIGATIONS



HI-TECH HAVEN

Dr Ariel Haus has an impressive array of devices and gadgets

<1 Dr Catherine Borysiewicz. Below ground, there's a state-of-the-art operating theatre where Scawn will now be performing his signature Equilibrium EyeLift: a complete overhaul for tired-looking eyes, which includes a surgical blepharoplasty under local anaesthetic, pre- and post-lymphatic drainage and nutritional consultation. Post-op, there's a chauffeur service to ferry you home. The dream. At 142-144 Holland Park Avenue, W11 (theclinicollandpark.com).

DR MARYAM ZAMANI

When oculoplastic surgeon Dr Maryam Zamani threw open the doors to her first stand-alone space on the King's Road, half of Chelsea turned out. The non-surgical destination, spanning two floors, is a riot of pink: from the iMac in her vast consulting room to the dedicated 'Instagram room' upstairs, with its uber-flattering make-up mirrors and pretty blossom-covered wallpaper, to the neat shelves of pink MZ Skin products. (Don't miss the latest addition: a blush-coloured, full-face LED light-therapy mask.) When she's not administering some artful tear-trough filler, or deploying her Ultherapy device to tighten and lift the lower-face, Zamani is busy at work with her new Sciton laser, which is excellent for blasting pigmentation. And for skin in a real rut, she has on-hand a dynamic duo of derms, Dr Zainab Laftah and Dr Amélie Seghers. Totally game-changing. At 110-112 King's Road, SW3 (drmaryamzamani.com).

DR ARIEL HAUS

One of Harley Street's most in-demand dermatologists, Dr Haus has relocated down the road. And his new premises, spread laterally across the first floor of two buildings, are more stylish than ever. Take his own consulting room, which has retained the elegance of the original Grade I-listed residences – spot the restored frescoes on the ceiling – but acquired flashes of modernity. (Art on the wall includes Tracy Emin sketches and paintings by Brazilian artists from his native Rio.) A true lover of technology, he has a staggering array: from the Unison device – which, he reports, gets great results on cellulite – to the EMSculpt gadget for super muscle-chiselling, to a cutting-edge mole-mapper. (He spends more time than ever sorting out suspect moles.) Offering a serene escape from the city bustle, there are a further six treatment rooms, where huge skylights strategically positioned above the beds make even injectable treatments feel escapist. Do ask Dr Haus about MaiLi – the newest dermal filler on the market, reported to cause less swelling and fewer side effects – and his new Deka laser, which gives superior skin-resurfacing with minimal downtime. At 75 Harley Street, W1 (drhausdermatology.com).

DR FRANCES PRENNA JONES

It's been three years in the making, but Dr Frances Prenna Jones's revamped clinic doesn't disappoint. From the outside, it still looks like a

traditional Mayfair townhouse but, inside, it's a study in 1970s chic: mustard-yellow walls, terrazzo flooring and smoked glass. (The celebrity doctor did the lot, with not an interior designer in sight.) By contrast, the treatment rooms are squeaky clean, with neon-orange accents all the way down to her latex gloves and aprons. But the best bit is downstairs, where her waiting room has morphed into Studio 54: complete with colour-changing LED lights, vintage leather banquettes and an outside café. Here, her patients (including Middle Eastern princesses, city socialites and big-house aristos) can recuperate between treatments while sipping on her signature juice – a punchy blend of ginger, celery, apple cider vinegar and turmeric – and documenting their post-facial glows in her clever 'selfie mirrors'. When she's not injecting, Prenna Jones is forever dreaming up innovative additions to her cult line of skincare: 20 new products are set to join the ranks, not least her new Formula Universal, a souped-up version of her pore-tightening tonic. At 33 Shepherd Street, W1 (drfrancesprennajones.com).

CADOGAN CLINIC

A Chelsea institution. Founded in 2008 by the husband-and-wife team of Mr Bryan Mayou and Dr Susan Mayou – respectively, a plastic surgeon and liposuction pioneer, and a dermatologist – it's the first port of call for suspicious-looking moles, inflammatory skin conditions and injectables. But it's also home to an impressive surgical facility with three operating theatres – where you'll find, among other specialists, Mr Hazim Sadadeen performing some subtle breast augmentations and Mr Tunc Tirkayi doing some fabulous nano-fat work on the face. Despite its recent renovation, the clinic is still reassuringly Tardis-like – spaces spiralling off a main reception area, and corridors opening onto countless consulting rooms – but now there are beautiful curving walls, soft lighting and marble countertops. As for time travel, the Old Etonian photographs are still hanging: mementoes of the Mayous' sons, themselves now second-generation Cadogan directors. At 120 Sloane Street, SW1 (cadoganclinic.com).

REAL PLASTICS

Breast surgeon Naveen Cavale is on a mission to make Battersea a centre of surgical excellence. Hence his latest venture, Real Plastics. Step inside the glassy tower and you'll see what looks like a sleek skincare boutique, stashed with Medik8, Obagi and SkinCeutical; but there are also a whopping three operating theatres – where Cavale and his surgical comrades will perform face, breast and body surgeries under >

INVESTIGATIONS

<1 local anaesthesia – and some slick spaces for non-surgical wizardry, with such evidence-based technologies as CoolSculpting, Visia skin-mapping and HydraFacial all on the menu. *At 25 Patcham Terrace, Battersea Exchange, SE8 (realclinic.uk).*

NEO HEALTH

Located in a former bank at the top of Harley Street, a stone's throw from Regent's Park, NEO Health is the brainchild of Moorfields oculoplastic surgeon Mr Daniel Ezra. Renowned for his work in complications and functional eye health, the Medical Director has pulled together a crack team of aesthetic surgeons and doctors, all at the top of their game – such as hair transplant surgeon Dr Greg Williams and dermatologist and laser specialist Professor Firas Al Niaimi – to offer patients top-to-toe rejuvenation. But don't go expecting a dull, sterile-looking space: chevron wooden flooring, warm tones and lots of light make the premises feel more cosy than clinical. Meanwhile, Ezra's newest treatment, Eyes 2.0, combines an upper-lid blepharoplasty with tear-trough filler, microneedling and his innovative lash lift to restore a youthful gaze. *At 152 Harley Street, W1 (neohealthclinic.com).*

NATALI KELLY

At first glance, Natali Kelly's clinic could be mistaken for another chic Walton Street boutique. But beyond the cream-toned reception, with its

curving sofas and panelled walls, is an altogether more soulful space. As a reiki healer and aesthetic practitioner, Natali's treatments fuse the hi-tech – such as her new Lumenis NuEra Tight, which is fabulous for lax skin – with the holistic. (Cue smoky wafts of sage and chunks of amethyst atop surfaces.) In fact, according to Natali, every therapist who works alongside her has been chosen for their 'special energy'. With body toned and skin aglow, head downstairs, where crystal readings, yoga workshops and reiki take place in a candlelit studio. Good vibes indeed. *At 69 Walton Street, SW3 (natalikelly.com).*

TEMPUS BELGRAVIA

Gold-panelled walls, a gigantic, moon-like light – this West Halkin Street newcomer feels distinctly gallery-esque. But don't be fooled. Tempus Belgravia, on the site of former members' club Grace Belgravia, is home to some formidable names in aesthetics: rhinoplasty surgeon Charles East, for example, whose Preservation Rhinoplasty is the hottest nose-job in town; or breast surgeon Dr Veerle Rotsaer, who is highly regarded for her subtle surgeries; or injectables whizz Dr Nina Bal, whose Facial Sculpting Serum makes for a flawless visage. But the aim here is also on holistic ageing – which means nutritional consultations with Gabriela Peacock and integrative medicine with Shideh Pouria. Clever. *At 11a West Halkin Street, SW1 (tempusbelgravia.co.uk).*

ESHO, WIMBLEDON

The unstoppable Dr Esho (he has clinics in Newcastle and Harley Street) has opened a new residence in Wimbledon – and locals can't get enough of it. Past the polished concrete and Space-Age reception, the focus is on skin: with state-of-the-art lasers and some advanced injectables. The social media-savvy doctor, who you can catch on Channel 4's *Body Fixers*, is known for his Cupid's Bow Lift (which rejuvenates the lips and restores proportion and shape to a sad-looking mouth) in addition to his Robot Botox, for which he uses a mechanical syringe to ensure a safe and consistent treatment with every dose. *At 36 Ridgway, SW19 (eshoclinic.co.uk).*

OUT OF TOWN...

ATELIER, SURREY

Surrey's most in-demand clinic has had a facelift: the new Atelier is now double in size, with four treatment rooms, a private waiting area and a leafy outside terrace (where, pre-injectables, you can bask in the sun while your numbing cream kicks in). Masterminded by Medical Director Dr Aggie Zatonska – the injectables expert is also resident doctor at the Wentworth Club – its interiors are clean-lined yet elegant, featuring dove-grey marble, Fornasetti cloud wallpaper, trailing greenery and the prettiest pink-tiled bathroom. In addition to the stylish interiors, Zatonska has some cutting-edge technology in situ, including the muscle-defining EMSculpt Neo, pore-purging Hydra-Facial and healing Dermalux LED light. There's even a dedicated room downstairs for before-and-after photographs, so you can track your progress. Naturally, her regulars are smitten. *At 76 High Street, Egham, Surrey, TW20 9HE (atelier.clinic).*

WOOD MEDISPA, DEVON

You'd never guess that this sensitively restored Arts & Crafts manor was a place of surgical innovation. (It took 12 years of renovations to restore the sprawling South Tawton estate to its former glory.) Founded by consultant plastic surgeon Mr James McDiarmid, the private hospital is home to a diverse and specialist team of medical practitioners, offering procedures ranging from surgical (facelifts, ear reshaping or liposuction) to non-surgical (lip augmentation, chemical peels, laser hair removal) and even cosmetic dentistry (from implants to same-day veneers). Surgeries can be performed under both local and general anaesthetic, with the option for overnight inpatient stays – making for the most discreet nip and tuck yet. *At South Tawton, Okehampton, Devon EX20 2LS (woodmedispa.co.uk).* □



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