

# BLEPHAROPLASTY PATIENT INFORMATION LEAFLET

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## What is a Blepharoplasty?

Blepharoplasty is The Clinic Holland Park's signature plastic surgery procedure: to open up and rejuvenate the eyes, and tailored to balance your natural profile with your ethnicity.

Blepharoplasty surgery can take as little as 1 hour, with just 1 week of downtime, and the effect will be natural: all incisions are closed up with self-dissolving sutures; any tiny scars will be hidden in the new eyelid crease.

## How long does an upper blepharoplasty take?

An upper blepharoplasty only takes an hour and can be done under local anaesthetic in one of our purpose-built operating theatres at The Clinic Holland Park, West London. You will be able to recuperate in one of our discreet post-op recovery pods.

## What is the downtime for an upper blepharoplasty?

Downtime for upper blepharoplasties is approximately 1 week, after which there will be minimal bruising and you can resume wearing makeup and your normal activities.



## Is there any aftercare with an upper blepharoplasty?

After eye surgery in London, you will be given an antibiotic ointment to treat the area for the following week; and be advised to apply a cold compress to the area every few hours to help lessen post-operative swelling and bruising. A follow-up appointment with your surgeon to review your results and recovery takes place around 14 days after blepharoplasty surgery at The Clinic Holland Park, West London.

## How long does a lower blepharoplasty take; and how long does a combined upper and lower blepharoplasty take?

Lower blepharoplasty, we offer flexible anesthetic options to ensure patient comfort. Procedures can be performed in our clinic under local anesthesia with optional oral sedation. Alternatively, for patients who prefer deeper sedation or general anesthesia, we provide the option to undergo the procedure at a nearby accredited hospital with intravenous sedation or general anesthesia. A lower blepharoplasty will take 2 hours; a combined procedure 2.5 hours.

## What is the downtime for a lower blepharoplasty, or for a combined lower and upper blepharoplasty?

The recovery period for both lower blepharoplasties and combination procedures is usually 2 weeks, after which there will be minimal bruising and you can resume wearing makeup and your normal activities.

## Is there any aftercare with a lower blepharoplasty or a combined upper-lower procedure?

After eye surgery, you will be given an antibiotic ointment to treat the area for the following two weeks; and be advised to apply a cold compress to the area every few hours to help lessen post-operative swelling and bruising. A follow-up appointment with your surgeon to review your results and recovery takes place around 14 days after surgery at The Clinic Holland Park, West London.

**If you have any queries following your treatment, please contact us on the following telephone number:**

**020 3998 2600**





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BLEPHAROPLASTY BEFORE AND AFTER - TWO MONTHS APART - COURTESY OF DR JENNY DOYLE



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# Blepharoplasty Patient Healing Diary



DAY 0



DAY 1



DAY 2



DAY 3



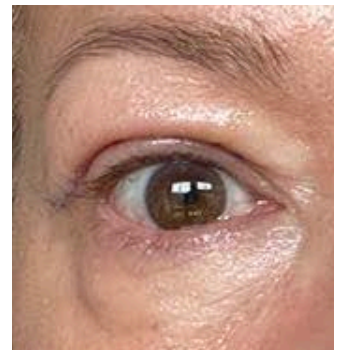
DAY 4



DAY 7



DAY 9



DAY 10- sutures out

COURTESY OF DR JENNY DOYLE





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BLEPHAROPLASTY BEFORE AND AFTER - ONE MONTH APART - COURTESY OF DR JENNY DOYLE



COURTESY OF DR RICHARD SCAWN